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**Packing List**

**Required/Highly Suggested Items**

**Clothing:**

* T-shirts
* Athletic shorts
* Long pants (sweatpants, leggings, etc.)
* Long sleeve shirts
* Sweatshirts
* Socks
* Undies
* Sports bras
* Raincoat or poncho

**Footwear:**

* Athletic shoes (closed toe)
* Flip flops/shower shoes

**Personal Hygiene Items:**

* Towels (at least 2)
* Sunscreen
* Deodorant
* Soap, shampoo, conditioner
* Toothbrush and toothpaste
* Razor and shaving cream
* Hair ties
* Hairbrush

**Sleep Items:**

* Twin-sized fitted sheet
* Sleeping bag
* Pillow
* Blanket

**Other:**

* Water bottle (at least quart sized, preferably bring 2 water bottles)
* Phone charger
* Laundry bag/trash bag for dirty clothes
* Flashlight or headlamp
* Pen or pencil

**Optional Items**

* Hat
* Hiking boots
* Chapstick
* Snacks
* Journal
* Sunglasses
* Camera
* Waterproof watch
* Bug spray
* Extra batteries for flashlight or headlamp
* Money for Outdoor Odyssey Merchandise on day of Graduation